## **APPENDIX D**

### Resources

Following are some resources that may be helpful to your organization in implementing or conforming to the CARF standards. Resources are organized by topic and may be relevant to multiple standards.

CARF does not endorse or expect the use of any specific products, companies, or resources. Resources listed are not inclusive of all resources available on a topic and are provided as guidance only.

Resources include references to websites, organizations, and publications. When available, links are provided. Some websites contain multiple helpful resources.

Resources and links may change or be updated periodically. Please visit the CARF website **www.carf.org/resources** for current resource listings throughout the year.

If you discover a broken link, or would like to submit a resource you feel may be helpful, please submit your feedback for consideration to **documents@carf.org**.

## **Accessibility**

- Americans with Disabilities Act, U.S. Department of Justice:
   www.ada.gov
- Amputee Coalition, National Limb Loss Resource Center, Adaptive Technology:
  - www.amputee-coalition.org/limb-loss-resource-center/resources-filtered/resources-by-topic/adaptive-technology/
- National Public Website on Assistive Technology:
   https://facingdisability.com/resource/assistivetech-net-national-public-website-on-assistive-technology
- U.S. Access Board:www.access-board.gov/aba/guides
- Checklist for Readily Achievable Barrier Removal: www.usdoj.gov/crt/ada/checkweb.htm
- W3C Web Accessibility Initiative: www.w3.org/WAI

#### [Canada]

Ontario accessibility laws
 www.ontario.ca/page/accessibility-in-ontario

## **Assistive technology**

CARF does not endorse specific products or companies. The following list provides links to a variety of technology products and services currently available.

- Michigan Disability Rights Coalition, Michigan Assistive Technology Program:
   www.mymdrc.org/assistive-tech
- Training Assistive Technology in the Environment (TATE), Center on Brain Injury Research and Training:
   https://cbirt.org/research/completed-projects/tate-training-assistive-technology-environment-toolkit
- Rehabilitation Engineering and Assistive Technology Society of North America (RESNA):
  - www.resna.org/about/consumer-and-public-information
- Assistive technology industry associations

#### **Cancer rehabilitation resources**

CARF acknowledges and thanks Nicole L. Stout, DPT, CLT-LANA, for her contributions to and assistance with identifying resources for this section.

- Silver, J. K., Baima, J. and Mayer, R. S. (2013), Impairment-driven cancer -rehabilitation: An essential component of quality care and survivorship. *CA: A Cancer Journal for Clinicians*, 63: 295-317. doi: 10.3322/caac.21186: http://onlinelibrary.wiley.com/doi/10.3322/caac.21186
- M.D. Anderson Center Brief Pain Inventory (BPI):
   www.mdanderson.org/education-and-research/departments-programs-and-labs/departments-and-divisions/symptom-research/symptom-assessment-tools/brief-pain-inventory.html
- M.D. Anderson Center Symptom Inventory (MDASI):
   www.mdanderson.org/education-and-research/departments-programs-and-labs/departments-and-divisions/symptom-research/symptom-assessment-tools/mdanderson-symptom-inventory.html
- M.D. Anderson Center Brief Fatigue Inventory (BFI):
   www.mdanderson.org/education-and-research/departments-programs-and-labs/departments-and-divisions/symptom-research/symptom-assessment-tools/brief-fatigue-inventory-bfi.html
- Functional Assessment of Chronic Illness Therapy:www.facit.org
- Development of Comprehensive Inventory of Functioning-Cancer: www.ncbi.nlm.nih.gov/pubmed/17510584

_	SpeechLanguage-Hearing Association:  www.asha.org/SIG/03
_	American Cancer Society: www.cancer.org
_	National Cancer Institute: www.cancer.gov
[Canada]	
_	Canadian Association of Psychosocial Oncology (CAPO): www.capo.ca
[Canada]	
_	Cancer Care Ontario: www.cancercareontario.ca/en
_	American Society of Clinical Oncology: www.asco.org
_	National Comprehensive Cancer Network (NCCN): www.nccn.org
_	Oncology Nursing Society: www.ons.org
_	Academy of Oncologic Physical Therapy: www.oncologypt.org
	Wiley Online Library:
_	CA: A Cancer Journal for Clinicians: http://onlinelibrary.wiley.com/journal/10.3322/(ISSN)1542-4863
_	Cancer: http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1097-0142
_	European-American Dialogues on Cancer Survivorship: Current Perspectives and Emerging Issues: http://onlinelibrary.wiley.com/doi/10.1002/cncr.v119.S11/issuetoc
_	A Prospective Surveillance Model for Physical Rehabilitation of Women with Breast Cancer: http://onlinelibrary.wiley.com/doi/10.1002/cncr.27463
	Livestrong: www.livestrong.org

- Cancer Rehabilitation Networking Group—An interdisciplinary cancer
   -rehabilitation network, American Congress of Rehabilitation Medicine:
   www.acrm.org/acrm-communities/cancer
- American Occupational Therapy Association Cancer EBP Systematic Reviews
   & Research:
  - https://research.aota.org/collection/22/cancer-collection?\_ga=2.182305696.6 88459288.1663270080-1124071788.1662827759
- Centers for Medicare and Medicaid Innovation (CMMI) Oncology Care Model:
   https://innovation.cms.gov/initiatives/oncology-care/
- American College of Surgeons Commission on Cancer:
   www.facs.org/quality-programs/cancer/coc/standards
- American College of Surgeons Cancer Programs:www.facs.org/quality-programs/cancer
- American Association for Cancer Research (AACR):www.aacr.org
- Cancer.net:
  - www.cancer.net
- National Hospice and Palliative Care Organization:www.nhpco.org
- National Cancer Institute Designated Cancer Centers:
   www.cancer.gov/research/nci-role/cancer-centers
- Association of Community Cancer Centers: www.accc-cancer.org
- Archives of Physical Medicine and Rehabilitation—Toward a National Initiative in Cancer Rehabilitation: Recommendations from a Subject Matter Expert Group:

www.archives-pmr.org/article/S0003-9993(16)30182-4/abstract

#### **Clinical trials**

- Database of clinical studies, U.S. National Institutes of Health:
   www.clinicaltrials.gov
- American Stroke Association Clinical Trials Registry:
   www.stroke.org/en/about-stroke/types-of-stroke/finding-clinical-trials
- CenterWatch Clinical Trials:
  - www.centerwatch.com
- National Cancer Institute Clinical Trials:
   www.cancer.gov/about-cancer/treatment/clinical-trials

- Clinical Trial Resources, American Society of Clinical Oncology:
   www.asco.org/research-data/clinical-trials
- National Cancer Institute Community Oncology Research Program: www.ncorp.cancer.gov/about/
- Patient Advocate Foundation:www.patientadvocate.org

#### [Canada]

Health Canada's Clinical Trial Database:
 www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/health-canada-clinical-trials-database.html

## Complementary health approaches

- National Center for Complementary and Integrative Health (NCCIH):
   www.nccih.nih.gov
- NCCIH Clinical Digest for Health Professionals: Mind and Body Approaches for Chronic Pain:
  - www.nccih.nih.gov/health/providers/digest/mind-and-body-approaches-for-chronic-pain
- National Cancer Institute Pain Control: Support for People with Cancer:
   www.cancer.gov/publications/patient-education/pain-control
- National Cancer Institute: Complementary and Alternative Medicine:
   www.cancer.gov/about-cancer/treatment/cam
- National Institutes of Health, Office of Dietary Supplements: https://ods.od.nih.gov
- MedlinePlus Herbs and Supplements: www.nlm.nih.gov/medlineplus/druginfo/herb\_All.html
- American Cancer Society Complementary and Alternative Medicine:
   www.cancer.org/treatment/treatmentsandsideeffects/complementaryand-alternativemedicine/index
- US Food and Drug Administration Dietary Supplements:www.fda.gov/food/dietarysupplements
- Mayo Clinic Integrative Medicine: www.mayoclinic.org/tests-procedures/complementary-alternative-medicine/ about/pac-20393581

## Conceptual framework and terminology for the standards

- World Health Organization: www.who.int
- Towards a Common Language for Functioning, Disability, and Health:
   www.who.int/publications/m/item/icf-beginner-s-guide-towards-a-common-language-for-functioning-disability-and-health

## **Corporate compliance**

- Office of Inspector General, U.S. Department of Health and Human Services:
- https://oig.hhs.gov
- https://oig.hhs.gov/compliance
- https://oig.hhs.gov/compliance/compliance-guidance
- https://exclusions.oig.hhs.gov/
- Health Care Fraud Prevention and Enforcement Action Team (HEAT),
   Comparison of the Anti-kickback Statute and Stark Law
   https://oig.hhs.gov/documents/provider-compliance-training/939/Starkand
   AKSChartHandout508.pdf
- System for Award Management (SAM), Exclusions: https://sam.gov/content/exclusions
- Centers for Medicare and Medicaid Services (CMS):
- Regulations & Guidance:
   www.cms.gov/Regulations-and-Guidance/Regulations-and-Guidance.html
- Outreach & Education:
   www.cms.gov/Outreach-and-Education/Outreach-and-Education
- Federal Register (final rulings for regulations):
   www.federalregister.gov
- U.S. Department of Health and Human Services, Office for Civil Rights: www.hhs.gov/ocr/office/index.html
- Health Insurance Portability and Accountability Act (HIPAA):www.hhs.gov/hipaa/index.html
- Health Information Technology for Economic and Clinical Health (HITECH)
   Act:
  - www.hhs.gov/ocr/privacy/hipaa/administrative/enforcementrule/hitechenforcementifr.html

- U.S. Department of Justice, Civil Right Division, Americans with Disabilities
   Act (ADA):
   www.ada.gov
- Social Security (Title XIX, grants to states for medical assistance programs):
   www.ssa.gov/OP Home/ssact/title19/1900.htm

## Cultural competency, diversity, and inclusion

- Professional, educational, and advocacy organizations
- Indigenous Cultural Safety Collaborative Learning Series:
   www.icscollaborative.com
- The Society for Human Resource Management: www.shrm.org
- The Seven Dimensions of Culture:www.mindtools.com/pages/article/seven-dimensions.htm
- National Center for Cultural Competence, Georgetown University:
   https://nccc.georgetown.edu
- Culture, Language, and Health Literacy, Health Resources & Services
   Administration, U.S. Department of Health and Human Services:
   www.hrsa.gov/about/organization/bureaus/ohe/health-literacy/-culture--language-and-health-literacy
- Think Cultural Health, U.S. Department of Health and Human Services: www.thinkculturalhealth.hhs.gov
- National Institutes of Health, Cultural Respect:
   www.nih.gov/institutes-nih/nih-office-director/office-communications--public-liaison/clear-communication/cultural-respect
- A Practical Guide to Implementing the National CLAS Standards: For Racial,
   Ethnic and Linguistic Minorities, People with Disabilities and Sexual and
   Gender Minorities:
  - www.cms.gov/About-CMS/Agency-Information/OMH/Downloads/-CLAS-T oolkit-12-7-16.pdf
- LGBTQI+ Resources, U.S. Department of Health and Human Services: www.hhs.gov/gov/programs/topic-sites/lgbtqi/resources/index.html
- Human Rights Campaign: www.hrc.org/resources
- National Healthcare Quality and Disparities Reports:www.ahrq.gov/research/findings/nhqrdr/index.html

- Association of American Medical Colleges—Tool for Assessing Cultural
   -Competence Training (TACCT):
- www.aamc.org/initiatives/tacct
- www.aamc.org/download/54344/data/tacct\_pdf.pdf
- National Council of Nonprofits, Why Diversity, Equity, and Inclusion Matter for Nonprofits:

www.councilofnonprofits.org/tools-resources/why--diversity-equity-and-inclusion-matter-nonprofits

#### [Canada]

Canadian Centre for Diversity and Inclusion: https://ccdi.ca/home

#### [Canada]

Cultural Competence: A Guide to Organizational Change:
 https://albertahumanrights.ab.ca/Documents/CulturalCompetencyGuide.pd
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#### [Canada]

Locking in Your Leadership: Toolkit for Developing a Diversity and Inclusion
 Strategy:

https://ccdi.ca/media/1075/20140910-ccdi-report-di-strategy-toolkit.pdf

#### [Canada]

 University of Alberta Indigenous Canada, a free course that explores Indigenous histories and contemporary issues in Canada:

www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html

# Education for persons served, families/support systems, and caregivers

- Find Good Health Information, Medical Library Association:
   www.mlanet.org/resources/userguide.html
- National Resource Directory:

https://nrd.gov/

— American Stroke Association, Patient-Focused Rehabilitation and Recovery Resources:

www.stroke.org/en/professionals/stroke-resource-library/post-stroke-care/patient-focused-rehab-resources

Next Step in Care:www.nextstepincare.org

- Toolkit: Medication Management, Next Step in Care:
   www.nextstepincare.org/providers/toolkit/medication/
- Stroke Connection e-news, American Stroke Association:
   www.stroke.org/stroke-resources/strokesmart-magazine
- Facing Forward: Life After Cancer Treatment:
   www.cancer.gov/publications/patient-education/facing-forward
- National Limb Loss Resource Center, Amputee Coalition: www.amputee-coalition.org/limb-loss-resource-center
- Brain Injury Association of America:
   www.biausa.org/brain-injury/community
- Personal Care Manuals and Guides, Shepherd Center:
   www.shepherd.org/resources/ebooks
  - Personal Care Manual: Education—The Key to Independence (Spinal Cord Injury)
  - Brain Injury: A Guide for Caregivers
  - Living with Stroke: Strategies to Live A Healthy Life
  - Spinal Cord Injury: A Guide for Caregivers
  - How to Successfully Hire and Manage a Personal Care Assistant for People with Spinal Cord Injury
- Model Systems Knowledge Translation Center, Spinal Cord Injury Factsheets:
   https://msktc.org/sci/factsheets
- Heads Up, Centers for Disease Control and Prevention:
   www.cdc.gov/headsup/index.html
- Sex, Love, and Intimacy after Spinal Cord Injury:www.sexualitysci.org
- New England Regional SCI Center Toolkit: www.bu.edu/nerscic/resources/new-england-sci-toolkit/
- Facing Disability for families facing spinal cord injuries:
   www.facingdisability.com
- Paralyzed Veterans of America Consumer Guides:
   https://pva.org/research-resources/publication/publications-search/?searchtext=consumer+guides
- Things to know about Aging and Spinal Cord Injury:
   https://msktc.org/sites/default/files/FS-SCIAging-508.pdf

## Emergency preparedness education for persons served and other stakeholders

- Prepare My Family for a Disaster, U.S. Department of Homeland Security:
   www.dhs.gov/how-do-i/prepare-my-family-disaster
- Occupational Safety and Health Administration, U.S. Department of Labor: www.osha.gov/SLTC/emergencypreparedness/index.html
- Office of Disability Employment Policy, U.S. Department of Labor:
   www.dol.gov/odep/topics/EmergencyPreparedness.htm
- Disaster Resources for People with Disabilities and Others with Access and Functional Needs, Emergency Managers & Planners & Disability-focused Organizations, June Isaacson Kailes:
   www.jik.com/disaster.html
- Disaster Preparedness for People with Disabilities:
   www.ilru.org/projects/disability911
- Disastersrus Disability Preparedness:
   www.disastersrus.org/MyDisasters/disability/disability\_preparedness.htm
- When Disaster Strikes-A Pocket Survival Guide, Amputee Coalition of America:
  - www.amputee-coalition.org/resources/when-disaster-strikes
- Emergency Preparedness, Amputee Coalition of America:
   www.amputee-coalition.org/limb-loss-resource-center/resources-filtered/resources-by-topic/emergency-preparedness
- Research and Training Center on Independent Living, Emergency Preparedness:
   https://rtcil.org/emergency-preparedness
- Department of Homeland Security:www.ready.govwww.listo.gov (Spanish)
- Prepare My Family for a Disaster, U.S. Department of Homeland Security:
   www.dhs.gov/how-do-i/prepare-my-family-disaster
- Disability Prepared; Exchanging best practices in disaster planning for people with disability:
  - https://disabilityprepared.ku.edu
- Disasters Happen—Communicate and Be Prepared:
   https://naricspotlight.wordpress.com/2016/09/05/disasters-happen-communicate-and-be-prepared

- [Canada]
  - Canadian Red Cross: www.redcross.ca
- [Canada]
  - Get Prepared: www.getprepared.gc.ca
- [Canada]
  - Government of Canada Your Emergency Preparedness Guide:
     www.getprepared.gc.ca/cnt/rsrcs/pblctns/yprprdnssgd/yprprdnssgd-eng.pdf

## **Emergency preparedness, planning, and procedures**

- Federal and state/provincial/territorial regulations
- City/municipal and county disaster preparedness groups
- American Red Cross:
- www.redcross.org
- Developing and Maintaining Emergency Operations Plans, Federal Emergency Management Agency (FEMA):
  - www.fema.gov/media-library/assets/documents/25975?id=5697

Emergency Preparedness Requirements for Medicare and Medicaid Participating Providers and Suppliers:

www.federalregister.gov/documents/2016/09/16/2016-21404/medicare-and-medicaid-programs-emergency-preparedness-requirements-for-medicare-and-medicaid

- www.cms.gov/Medicare/Provider-Enrollment-and-Certification/-SurveyCer tEmergPrep/Emergency-Prep-Rule.html
- www.cms.gov/Medicare/Provider-Enrollment-and-Certification/-SurveyCer tEmergPrep/index.html
- https://asprtracie.hhs.gov/cmsrule
- http://ltcombudsman.org/uploads/files/issues/cms-ep-rule-resources-at-your-fingertips.pdf
- Emergency Preparedness for Vulnerable Populations: www.ncbi.nlm.nih.gov/pmc/articles/PMC2646456/
- Capacity-Building Toolkit for including Aging & Disability Networks in Emergency Planning:
  - www.naccho.org/uploads/downloadable-resources/Capacity-Building-Toolk it-for-Aging-and-Disability-Networks-2-5-19.pdf
- An ADA Guide for Local Governments, U.S. Department of Justice: www.ada.gov/emergencyprepguide.htm
- Emergency Preparedness and Response, Occupational Safety and Health Administration, U.S. Department of Labor:
  - www.osha.gov/SLTC/emergencypreparedness/index.html
- Emergency Preparedness, Office of Disability Employment Policy,
   U.S. Department of Labor:
  - www.dol.gov/odep/topics/EmergencyPreparedness.htm
- Checklist for Integrating People with Disabilities and Others with Access and Functional Needs into Emergency Preparedness, Planning, Response & Recovery, June Isaacson Kailes:
  - www.jik.com/plancklst.pdf
- Disaster Resources for People with Disabilities and Others with Access and Functional Needs, Emergency Managers & Planners & Disability-focused Organizations, June Isaacson Kailes:
  - www.jik.com/disaster.html
- Disaster Preparedness for People with -Disabilities:
   www.ilru.org/projects/disability911
- Emergency Preparedness, Amputee Coalition of America:
   www.amputee-coalition.org/limb-loss-resource-center/resources-filtered/resources-by-topic/emergency-preparedness/
- Public Health Emergency planning for users of electricity powered medical and assistive devices:
  - www.phe.gov/empowermap/Pages/default.aspx

- Incorporating Active Shooter Incident Planning into Health Care Facility **Emergency Operations Plans:** www.phe.gov/Preparedness/planning/Documents/active-shooter-planning-e op2014.pdf Homeland Security Active Shooter Preparedness: https://search.dhs.gov/search?query=active+shooter&affiliate=dhs Tips for Retaining and Caring for Staff after a Disaster: https://files.asprtracie.hhs.gov/documents/tips-for-retaining-and-caring-forstaff-after-disaster.pdf After the Disaster: Recovery: https://naricspotlight.wordpress.com/2017/08/28/after-the-disaster-recovery [Canada] Disaster Recovery Information Exchange: www.drie.org [Canada] Canadian Centre for Occupational Health and Safety: https://ccohs.ca/oshanswers/hsprograms/planning.html [Canada] Public Safety Canada: www.publicsafety.gc.ca [Canada] Canadian Red Cross: www.redcross.ca **Evidence-based practice and research** Professional associations National Rehabilitation Information Center: www.naric.com
  - American Physical Therapy Association Evidence-Based Practice Resources: www.apta.org/EvidenceResearch/
  - American Speech-Language-Hearing Association Practice Portal:
     www.asha.org/Practice-Portal
  - American Occupational Therapy Association Evidence-Based
     Practice & Knowledge Translation:
     www.aota.org/practice/practice-essentials/evidencebased-practiceknowledge
     -translation

— Centers for Disease Control and Prevention:

#### www.cdc.gov/TraumaticBrainInjury

#### www.cdc.gov/Stroke

- Center on Knowledge Translation for Disability and Rehabilitation Research:
   www.ktdrr.org
- Rehabilitation Research and Development Service, U.S. Department of Veterans Affairs:

#### www.rehab.research.va.gov

- Center for International Rehabilitation Research Information and Exchange:
   http://cirrie-sphhp.webapps.buffalo.edu
- National Institute for Health and Care Excellence: www.nice.org.uk/guidance
- National Library of Medicine, National Institutes of Health www.ncbi.nlm.nih.gov/pubmed/
- Guidelines and Measures, Agency for Healthcare Research and Quality, U.S.
   Department of Health and Human Services:
   www.guideline.gov
- Clinical Search Engine, Trip: www.tripdatabase.com
- Common Data Elements, NINDS, National Institute of Health (NIH):
   www.commondataelements.ninds.nih.gov
- Evidence Based Practice, American Congress of Rehabilitation Medicine:
   www.acrm.org/resources
- American Heart Association:

#### www.professional.heart.org/en/guidelines-and-statements

- American Diabetes Association:
  - www.diabetes.org/research
- Evidence-Based Review of Stroke Rehabilitation, Canadian Partnership for Stroke Recovery:
   www.ebrsr.com
- Practice Resources, Academy of Neurologic Physical Therapy:
   www.neuropt.org/professional-resources/evidence-based-neurologic-practice
- Advances in Clinical Neuroscience and Rehabilitation (ACNR):
   www.acnr.co.uk

- Federal Interagency Traumatic Brain Injury Research database (FITBIR),
   National Institutes of Health (NIH):
   https://fitbir.nih.gov
- Practice Guideline Update Recommendations Summary: Disorders of Consciousness—Report of the Guideline Development, Dissemination, and Implementation Subcommittee of the American Academy of Neurology; the American Congress of Rehabilitation Medicine; and the National Institute on Disability, Independent Living, and Rehabilitation Research:
   www.archives-pmr.org/article/S0003-9993(18)30446-5/fulltext
- Minimum Competency Recommendations for Programs That Provide Rehabilitation Services for Persons With Disorders of Consciousness: A Position Statement of the American Congress of Rehabilitation Medicine and the National Institute on Disability, Independent Living and Rehabilitation Research Traumatic Brain Injury Model Systems:

www.archives-pmr.org/article/S0003-9993(20)30093-9/fulltext

- elearnSCI, International Spinal Cord Society:www.elearnsci.org
- Spinal Cord Injury Rehabilitation Evidence (SCIRE):www.scireproject.com
- Spinal Cord Outcomes Partnership Endeavor: http://scope-sci.org
- International Campaign for Cures of Spinal Cord Injury Paralysis (ICCP):
   www.spinal-research.org
- Aging with a Traumatic Brain Injury:
- TBI in Older Adults: A Growing Epidemic:
   www.psychiatrictimes.com/special-reports/tbi-older-adults-growing-epidemic
- Anxiety and Posttraumatic Stress Disorder among Medicare Beneficiaries after Traumatic Brain Injury:
  - www.ncbi.nlm.nih.gov/pubmed/28476057
- Dementia risk after traumatic brain injury vs nonbrain trauma: the role of age and severity:
  - www.ncbi.nlm.nih.gov/pubmed/25347255
- Traumatic brain injury in older adults: epidemiology, outcomes, and future implications:
  - www.ncbi.nlm.nih.gov/pubmed/17038079

Frailty syndrome: implications and challenges for health care policy:
 www.dovepress.com/frailty-syndrome-implications-and-challenges-for-heal
 th-care-policy-peer-reviewed-article-RMHP

#### [Canada]

Canadian Agency for Drugs and Technologies in Health:https://cadth.ca/evidence-bundles-view

#### [Canada]

— Canadian Stroke Best Practices: www.strokebestpractices.ca/

## **Health literacy**

- Health Literacy Out Loud:www.healthliteracyoutloud.com
- Shirley Ryan AbilityLab Health Literacy Using Plain Language for Health
   -Communications:
  - www.sralab.org/lifecenter/resources/health-literacy-using-plain-language-health-communications
- Health Literacy, Agency for Healthcare Research and Quality, U.S. Department of Health and Human Services:
  - www.ahrq.gov/health-literacy/index.html
- The Patient Education Materials Assessment Tool (PEMAT) and User's Guide, Agency for Healthcare Research and Quality, U.S. Department of Health and Human Services:
  - www.ahrq.gov/health-literacy/patient-education/pemat.html
- Health Literacy and America's Health Insurance Plans: Laying the Foundation and Beyond:
  - www.ahip.org/resources/health-literacy-and-americas-health-insurance-plans-laying-the-foundation-and-beyond
- Center for Plain Language:
  - www.centerforplainlanguage.org
- Health Literacy, Network of the National Library of Medicine (NNLM):
   https://nnlm.gov/guides/intro-health-literacy
- Health Literacy, Health Resources and Services Administration, U.S.
   Department of Health and Human Services:
   www.hrsa.gov/about/organization/bureaus/ohe/healthliteracy/index.html
- Plain Language Action and Information Network: https://plainlanguage.gov/guidelines/

Towards a Common Language for Functioning, Disability and Health (ICF): www.who.int/publications/m/item/icf-beginner-s-guide-towards-a-common-l anguage-for-functioning-disability-and-health World Health Organization Principle: Understandable: www.who.int/about/communications/understandable/plain-language [Canada] Government of British Columbia Plain Language Checklist: www2.gov.bc.ca/gov/content/governments/services-for-government/serviceexperience-digital-delivery/web-content-development-guides/web-style-guid e/writing-guide/plain-language [Canada] A Plain Language Checklist for Healthcare Professionals: www.hqontario.ca/Portals/0/Documents/pe/quick-tools-checklist-communic ating-clearly-pc.pdf [Canada] Language Portal of Canada: www.noslangues-ourlanguages.gc.ca [Canada] Canada Public Health Association: www.cpha.ca/search/node?keys=health+literacy [Canada] Literacy and Clear Language, Decoda Literacy Solutions: www.decoda.ca/resources [Canada] ABC Life Literacy Canada: https://abclifeliteracy.ca [Canada] LiteracyBC: www.literacybc.ca/ Home care National Association for Home Care and Hospice: www.nahc.org [Canada] Canadian Home Care Association: www.cdnhomecare.ca

#### Infection control

- Centers for Disease Control and Prevention Infection Control: www.cdc.gov/infectioncontrol/index.html
- Association for Professionals in Infection Control and Epidemiology:
   www.apic.org
- Occupational Safety and Health Administration Infectious Diseases:
   www.osha.gov/healthcare/infectious-diseases
- U.S. Department of Health and Human Services COVID-19 Information, including Guidance for Your Community, COVID-19 Toolkit, Long COVID, and Services and Supports for People Experiencing Long COVID: www.covid.gov

#### [Canada]

— Infection Prevention and Control Canada: https://ipac-canada.org/

#### [Canada]

- Public Health Agency of Canada:www.canada.ca/en/public-health.html
- State/provincial or other jurisdictional departments of health outbreak manuals Resources specific to hand hygiene include:
  - Infection Prevention and You:http://professionals.site.apic.org
  - Centers for Disease Control and Prevention Hand Hygiene in Healthcare Settings:

www.cdc.gov/handhygiene/index.html

## Information and communication technologies

- American Telemedicine Association:www.americantelemed.org
- VA Telehealth Services: www.telehealth.va.gov
- Telemedicine & Informed Consent: How Informed Are You?:
   http://southwesttrc.org/blog/2017/telemedicine-informed-consent-how-informed-are-you
- International Journal of Telerehabilitation:https://telerehab.pitt.edu/ojs/index.php/Telerehab

- U.S. Department of Health and Human Services Health Resources and Services Administration:
  - www.hrsa.gov/rural-health/telehealth/index.html
- Department of Health and Human Services Centers for Medicare & Medicaid
   -Services Telehealth Services:
  - www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/TelehealthSrvcsfctsht.pdf
- Center for Connected Health Policy National Telehealth Policy Resource Center:
  - http://cchpca.org

#### [Canada]

Ontario Telemedicine Network (OTN):
 https://support.otn.ca/sites/default/files/consent\_guideline.pdf

## Interdisciplinary pain rehabilitation

- Pain Management Best Practices Inter-Agency Task Force:
   www.hhs.gov/opioids/prevention/pain-management-options/index.html
- Department of Health and Human Services Pain Management Best Practices:
   www.hhs.gov/sites/default/files/pmtf-final-report-2019-05-23.pdf
- Murphy PhD, Jennifer L, et al. (2021). "The Resurrection of Interdisciplinary Pain Rehabilitation: Outcomes Across a Veterans Affairs Collaborative." *Pain Medicine*, 22(2), 430-443:
  - https://doi.org/10.1093/pm/pnaa417
- Mueller, K. L., et al. (2020). "Recommendations From the 2019 Symposium on Including Functional Status Measurement in Standard Patient Care." *J Occup Environ Med*, 62(8), e457-e466:
  - $https://journals.lww.com/joem/fulltext/2020/08000/recommendations\_from\_the\_2019\_symposium\_on.26.aspx$
- Wandner, L. D., et al. (2018). "Core competencies for the emerging specialty of pain psychology." Am Psychol., 74(4),432-444:
   https://pubmed.ncbi.nlm.nih.gov/30070541/
- M.D. Anderson Center Brief Pain Inventory (BPI):
   www.mdanderson.org/-edu-cation-and-research/departments-programs-and-labs/departments-and-divisions/symptom-research/symptom-assessment-tools/brief-pain-inventory.html
- Pocket Guide: Tapering Opioids for Chronic Pain:
   www.cdc.gov/drugoverdose/pdf/clinical pocket guide tapering-a.pdf

- Tapering Long-Term Opioid Therapy: www.aafp.org/afp/2020/0101/p49.html#:~:text=The standard recommendation to decrease,the end of the taper
- HHS Guide for Clinicians on the Appropriate Dosage Reduction or
   -Discontinuation of Long-Term Opioid Analgesics:
   www.hhs.gov/opioids/sites/default/files/2019-10/Dosage\_Reduction\_Discontinuation.pdf
- Opioid Use Factsheets from Model Systems Knowledge Translation Center (MSKTC):
  - Outpatient Opioid Management for Adult Burn Survivors: Update for

     Community Providers provides information about opioid management for adults after they have been discharged from a hospital for treatment of acute burn injury:
    - https://msktc.org/burn/factsheets/outpatient-opioid-management-adult-burn-survivors-update-community-providers
  - Opioids and Your Health explains how opioids can affect one's health after a spinal cord injury, including what to watch out for when taking opioids: https://msktc.org/sites/default/files/SCI-OpioidsYourHealthFS-508.pdf
- Prescription Drug Monitoring Program Training and Technical Assistance Center:
  - www.pdmpassist.org
- Psychotherapeutic interventions for chronic pain: Evidence, rationale, and -advantages:
  - https://journals.sagepub.com/doi/10.1177/0091217418791447?url\_ver=Z39.8 8-2003&rfr id=ori%3Arid%3Acrossref.org&rfr dat=cr pub++0pubmed&

#### Medication

- Safe Disposal of Medicines:
   www.fda.gov/drugs/ensuring-safe-use-medicine/safe-disposal-medicines
- Dispose My Meds:
  - www.disposemymeds.org
- Prescription Drug Monitoring Program Training and Technical Assistance
   Center: www.pdmpassist.org
- Risk Assessment: Safe Opioid Prescribing Tools:
   www.practicalpainmanagement.com/resource-centers/opioid-prescribing-monitoring/risk-assessment-safe-opioid-prescribing-tools
- Outpatient Opioid Management for Adult Burn Survivors: Update for Community Providers provides information about opioid management for adults

after they have been discharged from a hospital for treatment of acute burn injury:

https://msktc.org/burn/factsheets/outpatient-opioid-management-adult-bur n-survivors-update-community-providers

Opioids and Your Health explains how opioids can affect one's health after a spinal cord injury, including what to watch out for when taking opioids:
 https://msktc.org/sites/default/files/SCI-OpioidsYourHealthFS-508.pdf

## Peer support services and training for peer supporters

- Amputee Coalition Certified Peer Visitor (CPV) program:
   www.amputee-coalition.org/support-groups-peer-support/certified-peer--visitor-program
- Christopher and Dana Reeve Foundation:www.christopherreeve.org
- Hanger Clinic Amputee Support Group and Resource Center:
   www.hangerclinic.com/new-patient/ampower/Pages/Peer-Support.aspx
- United Spinal Association Peer Mentoring: https://unitedspinal.org/peer-mentoring
- Back Up: www.backuptrust.org.uk/mentor
- Spinalpedia https://spinalpedia.com
- The Brain Injury Peer Visitor Association:
   www.braininjurypeervisitor.org
- Families facing spinal cord injuries: https://facingdisability.com
- CARF International—Making the shift: Improving SCI outcomes with enhanced person-centered care:
   www.carf.org/blogpost.aspx?id=25762&blogid=499

## Performance measurement, management, and improvement

- Shirley Ryan AbilityLab Rehabilitation Measures Database:
   www.sralab.org/rehabilitation-measures/database
- Agency for Healthcare Research and Quality: www.ahrq.gov
- American Hospital Association Committee on Performance Improvement:
   www.aha.org/about/org/cpi.shtml

- Engaging with Patients and Caregivers about Quality Improvement—A Guide for Health Care Providers:
   www.hqontario.ca/portals/0/documents/qi/qip/patient-engagement-guide-16
   11-en.pdf
- Health Measures, NIH (National Institute of Health) Toolbox:
   www.healthmeasures.net/explore-measurement-systems/nih-toolbox
- The Milbank Quarterly; Well-Being in the Nation: A Living Library of Measures to Drive Multi-Sector Population Health Improvement and Address Social -Determinants:
  - https://onlinelibrary.wiley.com/doi/10.1111/1468-0009.12477
- Recommendations From the 2019 Symposium on Including Functional Status
   Measurement in Standard Patient Care:
   https://journals.lww.com/joem/fulltext/2020/08000/recommendations\_from\_the 2019 symposium on.26.aspx
- Quality of Life in Neurological Disorders measurement system:
   www.healthmeasures.net/explore-measurement-systems/neuro-qol
- The Center for Outcome Measurement in Brain Injury (COMBI): www.tbims.org/combi

#### Person-centered care

- Person-centered care: from ideas to action, The Health Foundation:
   www.health.org.uk/publication/person-centred-care-ideas-action
- Institute for Patient- and Family-Centered Care: www.ipfcc.org/about/pfcc.html
- National Center on Advancing Person-Centered Practices and Systems: https://ncapps.acl.gov

## Personal health information systems and tools

CARF does not endorse or expect the use of specific products. The following list provides links to a variety of tools currently available.

- NoMoreClipboard: www.nomoreclipboard.com
- Your Family Member's Personal Health Record, Next Step in Care:
   www.nextstepincare.org/caregiver home/Personal Health Record
- My healtheVet, U.S. Department of Veterans Affairs: www.myhealth.va.gov/mhv-portal-web/home

 Taking Care of Myself: A Guide for When I Leave the Hospital, Agency for Healthcare Research and Quality, U.S. Department of Health and Human Services:

www.ahrq.gov/patients-consumers/diagnosis-treatment/hospitals-clinics/goinghome/index.html

## **Protection and advocacy**

National Disability Rights Network:www.ndrn.org

## **Setting boundaries**

- Maintaining Professional Boundaries in Interpersonal Work:
   https://cloudfront.ualberta.ca/-/media/medicine/departments/anesthesiology/documents/boundariestrainingcurriculum.pdf
- A Nurse's Guide to Professional Boundaries:www.ncsbn.org/ProfessionalBoundaries\_Complete.pdf
- Setting and Maintaining Professional Boundaries:
   https://careers.socialworkers.org/documents/Professional Boundaries.pdf
- Canadian Physiotherapy Association Ethics and Professionalism Toolkit:
   https://physiotherapy.ca/ethics-and-professionalism-toolkit

## Skin integrity and wound care

- American Board of Wound Management:www.abwmcertified.org
- Assessment and Management of Pressure Injuries for Interprofessional Teams,
   Registered Nurses' Association of Ontario:
   http://rnao.ca/bpg/guidelines/pressure-injuries
- Evidence-Based Approach to Advanced Wound Care Products: www.ncbi.nlm.nih.gov/pubmed/26429618
- European Pressure Ulcer Advisory Panel: www.epuap.org
- National Pressure Injury Advisory Panel: https://npiap.com/
- Wound, Ostomy and Continence Nurses Society (WOCN):www.wocn.org
- Wound Care Learning Network:www.woundsresearch.com/node

- Wounds International:
  - www.woundsinternational.com
- Association for the Advancement of Wound Care:http://aawconline.org
- Braden Scale for Predicting Pressure Sore Risk: www.in.gov/health/files/Braden\_Scale.pdf
- United Spinal Association Skin and Wound Care Resources:
   www.unitedspinal.org/disability-products-services/skin-wound-care

#### Social determinants of health

- World Health Organization Social Determinants of Health:
   www.who.int/health-topics/social-determinants-of-health#tab=tab 1
- Healthy People Social Determinants of Health: https://health.gov/healthypeople
- Centers for Disease Control and Prevention Social Determinants of Health:
   Know What Affects Health:
   www.cdc.gov/socialdeterminants/index.htm
- Centers for Disease Control and Prevention Data and Benchmarks:
   www.cdc.gov/publichealthgateway/cha/data.html
- Kaiser Family Foundation Beyond Health Care: The Role of Social
   -Determinants in Promoting Health and Health Equity:
   www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/
- Government of Canada Social Determinants of Health And Health Inequalities:
   www.canada.ca/en/public-health/services/health-promotion/population-health/what-determines-health.html

#### Social media

CDC Social Media Tools, Guidelines & Best Practices, Centers for Disease Control and Prevention:
 www.cdc.gov/SocialMedia/Tools/guidelines/?s cid=tw eh 78

## Suicide prevention training

- Suicide Prevention Resource Center—Assessing and Managing Suicide Risk:
   www.sprc.org/training-institute/amsr
- LivingWorks SAFETALK: www.livingworks.net/programs/safetalk

- OPR Institute:
  - www.qprinstitute.com
- LivingWorks ASIST:
  - www.livingworks.net/programs/asist
- Zero Suicide Toolkit:
  - http://zerosuicide.sprc.org/toolkit
- American Foundation for Suicide Prevention:www.afsp.org
- Suicide Awareness Voices of Education:www.save.org
- The Linehan Institute Behavioral Tech:
  - https://behavioraltech.org
- Health Professionals Training in Suicide Assessment, Treatment, and Management:

https://afsp.org/training-health-professionals-in-suicide-assessment-treatme nt-and-management

## **Technology**

- International Organization for Standardization—ISO/IEC 27000
   Family—Information Security Management:
   www.iso.org/isoiec-27001-information-security.html
- Healthcare Information and Management Systems Society:www.himss.org
- Cybersecurity and Infrastructure Security Agency: https://csrc.nist.gov/publications/sp
- SysAdmin, Audit, Network, Security (SANS) Institute Information Security
   Templates:
  - www.sans.org/security-resources/policies
- National Cybersecurity & Communications Integration Center (NCCIC):
   www.cisa.gov/
- U.S. Department of Health and Human Services CyberSecurity Awareness Training:
  - www.hhs.gov/sites/default/files/fy18-cybersecurityawarenesstraining.pdf
- Cyber Security Incident & Vulnerability Response Playbooks:
   www.cisa.gov/sites/default/files/publications/Federal\_Government\_Cyberse
   curity\_Incident\_and\_Vulnerability\_Response\_Playbooks\_508C.pdf

#### Value-based healthcare

- What Is Value-Based Healthcare? https://catalyst.nejm.org/doi/full/10.1056/CAT.17.0558
- Defining and Implementing Value-Based Health Care: A Strategic Framework: www.ncbi.nlm.nih.gov/pmc/articles/PMC7185050/

#### Wellness

- International Council on Active Aging:
  - www.icaa.cc
- National Wellness Institute:
  - www.nationalwellness.org
- Healthy Aging and Physical Disability:
   http://agerrtc.washington.edu/info/factsheets/exercise
- Model Systems knowledge Translation Center Exercise after SCI:
   https://msktc.org/sci/slideshows/exercise-after-sci

## Workforce planning

- American Hospital Association: The Imperative for Strategic Workforce
   Planning and Development: Challenges and Opportunities:
   www.aha.org/ahahret-guides/2018-02-10-imperative-strategic-workforce-pl
   anning-and-development-challenges-and
- Society for Human Resource Management:www.shrm.org
- HR Business and Legal Resources: https://hr.blr.com
- Association for Talent Development:
  - www.td.org
  - O\*Net Online:
    - www.onetonline.org
- U.S. Office of Personnel Management: www.opm.gov

#### [Canada]

— Employer Resources (Government of Canada): www.jobbank.gc.ca/content pieces-eng.do?cid=3264#HR needs

## [Canada]

Work in Canada (Government of Canada):
 www.canada.ca/en/immigration-refugees-citizenship/services/work-canada.
 html